

Pentagon Bowl

ENGLISH PAPER PIECING PROJECT



Molly and Mama

STUDIO for PRETTY STITCHES



BEGINNER FRIENDLY

Pattern Requirements

FINISHED SIZE: 6" (15CM) WIDE X 2.5" (7CM) TALL

- ❑ 12 fabric scraps no smaller than 4" (10cm) square
- ❑ 12 pentagon paper shapes with sides measuring 2" OR print 3 pages of the included template onto 200gsm card stock to cut out your own
- ❑ Glue basting pen for English paper piecing (EPP)
- ❑ Milliner's needle in size 10 OR thin, fine needle with narrow eye
- ❑ Fine thread for piecing the shapes (Bottomline polyester bobbin thread, or Aurifil 80 weight cotton thread) in a complementary or neutral colour like beige or grey
- ❑ Heat erasable marking pen
- ❑ Small quilting clips or pegs
- ❑ General hand sewing supplies

GENERAL NOTES



- Please read the pattern from beginning to end before you start.
- Press all fabrics well before cutting.
- EPP is an abbreviation for English Paper Piecing.
- This EPP pattern introduces beginners to using pentagon papers basted with different fabrics and sewing them together leaving the papers intact to create a 3D object (also known as Structural EPP).

WELCOME

to Molly and Mama Patterns



Thank you for choosing a Molly and Mama pattern. Every project is carefully designed to teach you transferable skills that will help you on your creative journey.

All of my patterns include step-by-step instructions, full size templates, and easy to follow directions. I love to share useful tips and tricks, so be sure to visit the linked tutorials in the pattern.

I hope you enjoy the process of making and creating this beautiful project.

Happy Stitching,

Lauren x



ABOUT

The Pentagon Bowl

The Pentagon Bowl project has been designed with beginners in mind. It gives you an easy introduction to the glue basting method of English paper piecing (EPP). And it's simple, because unlike normal English paper piecing, we keep the pentagon shaped papers intact so that when we stitch the bowl together, it retains a great shape (we call this structural EPP).

Your finished bowl is pretty, practical and perfect for gifting to crafty friends. It also makes a great portable thread bucket for stitching scraps.

The cover version of this bowl was sewn with the 'My Favorite Things' collection by Elea Lutz for Poppie Cotton. You can also see this fabric used in the step-by-step photos.

To make your own, use fabrics from a single collection (like the Tilda 'Creating Memories' version seen here on the right), or highlight cute motifs from your favourite fabric prints.



GLUE BASTE THE PENTAGONS

Before you begin, print three copies the Pentagon Template onto light card stock at 100%, without any scaling or cropping. Once printed, measure the one inch test box for print accuracy.

Cut out each pentagon card stock shape carefully and accurately on the line, to create a total of 12 paper pentagons.

Alternatively, you can buy pre-cut pentagon papers to use in any size you choose. Or cut your own on a cutting machine like the Cricut Maker.

Glue baste 12 pentagons using a combination of different fabrics. Ensure the pentagons are created with the flat side on the bottom, and the point at the top.

If you're new to English paper piecing, my beginner's tutorial walks you through all the basic steps. You can see it here: <https://www.mollyandmama.com.au/how-to-sew-hexies-an-english-paper-piecing-tutorial/>

Place the pentagon paper on the wrong side of the fabric and trace the outline using a heat erasable marker. Be sure to take note if the fabric print is directional (**Image A**).

TIP: You might like to fussy-cut the fabric to highlight different motifs or special parts of the design that you would like to feature.

Remove the paper and then cut around the traced shape leaving at least a ¼" (5mm) seam allowance.

Using an EPP glue basting pen, run a small amount of glue along the edge of one side of the paper (**Image B**).

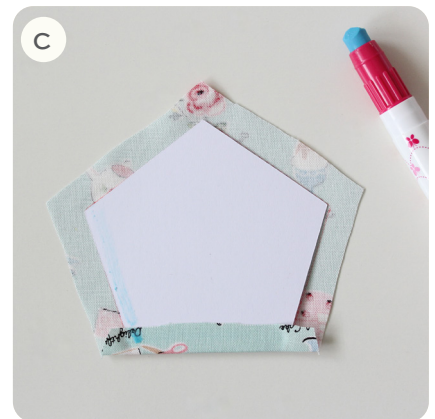
Fold the fabric over firmly on that side and press down (**Image C**).

Glue the second side and then fold it over, including the edge of the first side.

Repeat this process to fold over all sides of the fabric. Be careful to keep the fabric folded firmly near the corners (**Image D**).

Repeat this process until you have made all 12 pentagons.

Press each pentagon with a hot iron to help set the glue and erase the marker lines on the fabric.



SEW THE PENTAGON SHAPES TOGETHER

Arrange six pentagons in the layout shown in **Image E** (one in each fabric). The base of each pentagon should sit against the pentagon in the centre.

Create a second pentagon layout with the remaining pieces.

NOTE: Usually in EPP, the papers are removed from the shapes after they are stitched together. For this project, the papers are kept in place to give the bowl structure.

SEW THE SHAPES TOGETHER

Use a single strand of fine thread and a milliner's needle to whip stitch all the seams of the bowl.

To start, sew the first six pentagons together by stitching along the red line as shown in **Image E**.

To do this, place one of the outside pentagons together with the centre pentagon, so that their right sides are facing. Align the corners and the edges. Whip stitch along the side to be joined. Use small straight stitches sewn closely together along the fabric edge (**Image F**). Keep your thread intact.

Stitch a second pentagon in place along the next side. Continue stitching so that all five pentagons are attached to the pentagon in the centre. The back of the panel will look like **Image G**.

Repeat this process to create a second panel from the remaining six pentagons.

ASSEMBLE THE OUTER BOWL

The outer bowl is sewn so that all of the fabric on the pentagon shapes are on the outside bowl shape, and the wrong sides face inside the bowl.

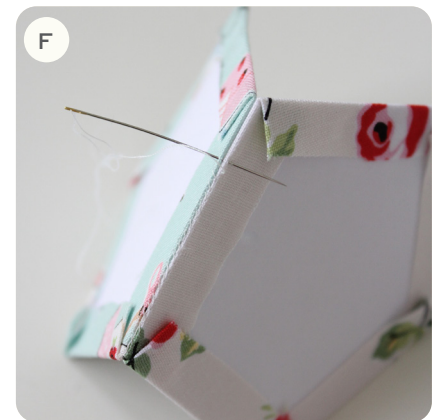
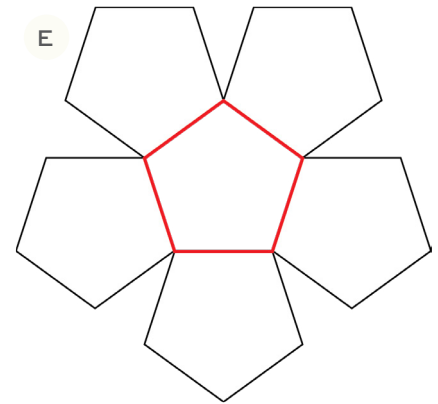
Sew the sides of the pentagon bowl together. To do this, align the sides to be joined and use quilting clips to hold them together. Carefully whip stitch the side edges, being careful not to bend creases in the cardboard shapes (**Image H**). Make sure your stitches run straight across the seam.

Sew all five side joins. Set the outer bowl aside.

ASSEMBLE THE INNER BOWL

The inner bowl is sewn so that all of the fabric on the pentagon shapes can be seen inside the bowl.

Follow the same method as before to sew the bowl together, but this time ensure that you are sewing the shapes with their right sides facing in so that the fabric shows on the inside.



SEW THE PENTAGON BOWL TOGETHER

You now have two bowls: an inner bowl with the fabric showing (left in **Image I**), and an outer bowl with the wrong sides showing (right in **Image I**).

Place the inner bowl inside the outer bowl and match up the top points (**Image J**).

Use quilting clips or pegs to hold the points together. This may take a bit of manoeuvring.

Using a single strand of thread, whip stitch the bowls together by stitching all around the top of the shapes (**Image K**). Hide your knots and ends of your thread under the stitches.

Your bowl is now complete and ready for use. I've filled mine with tiny Easter eggs (**Image L**).

NOTE: Don't forget that you can change your printer settings to make bowls that are larger or smaller by enlarging or reducing the template pages. You can also buy different sized pre-cut EPP papers too.



PROJECT INSPIRATION GALLERY

Molly and Mama



USE DIFFERENT FABRICS AND PRINTS TO BRING YOUR BOWLS TO LIFE

1. Peter Rabbit and Friends Collection from Riley Blake Designs
2. Various fabrics fussy cut to showcase an Easter bunny theme
3. Liberty Tana Lawn in Wiltshire in various colourways
4. Home Sweet Home Collection by Elea Lutz for Poppie Cotton
5. Liberty Tana Lawn in Betsy in various colourways
6. Creating Memories collection by Tilda

NEED SOME HELP?

Molly and Mama to the Rescue

CHECK OUT THE MOLLY AND MAMA BLOG FOR MORE

If you need any tips, tricks or inspiration for this project please check out my blog. There is a wealth of inspiration and guidance waiting for you!

[VISIT THE BLOG](#)

DO YOU LOVE SHARING YOUR CREATIONS WITH FELLOW MAKERS?

We'd love to see you in the 'Molly and Mama Makers' Facebook Community.

[JOIN HERE](#)

Feel free to use these hashtags when sharing your work on social media.
#PentagonBowl #MollyandMama

CLICK ON THE ICONS BELOW TO FOLLOW MOLLY AND MAMA ON SOCIAL MEDIA



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OTHER DESIGNS FROM *Molly and Mama*



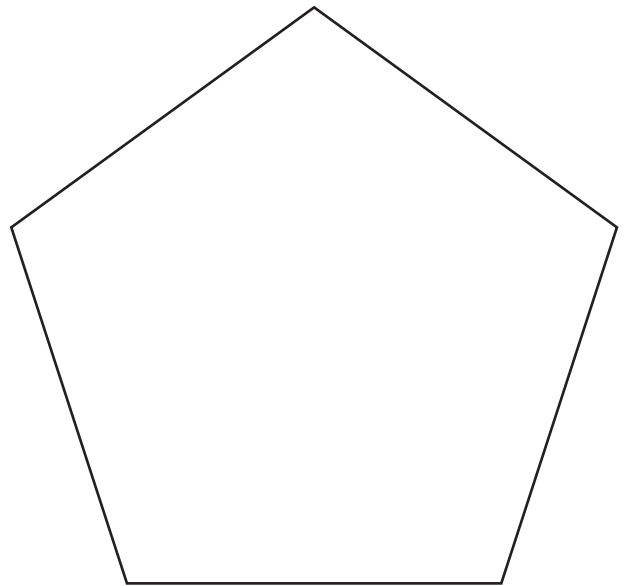
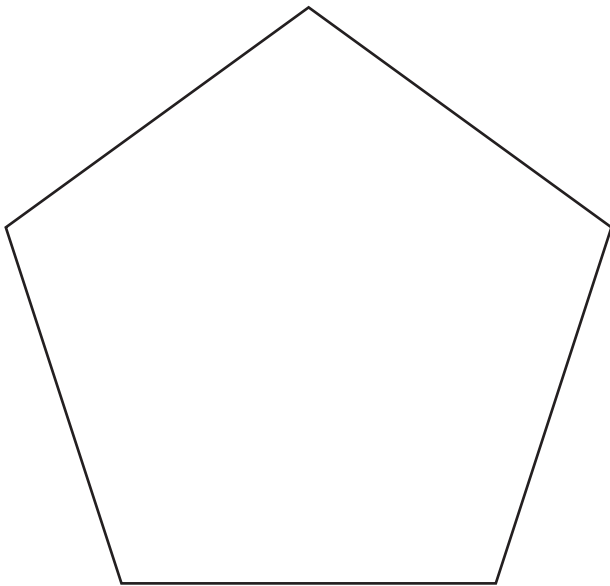
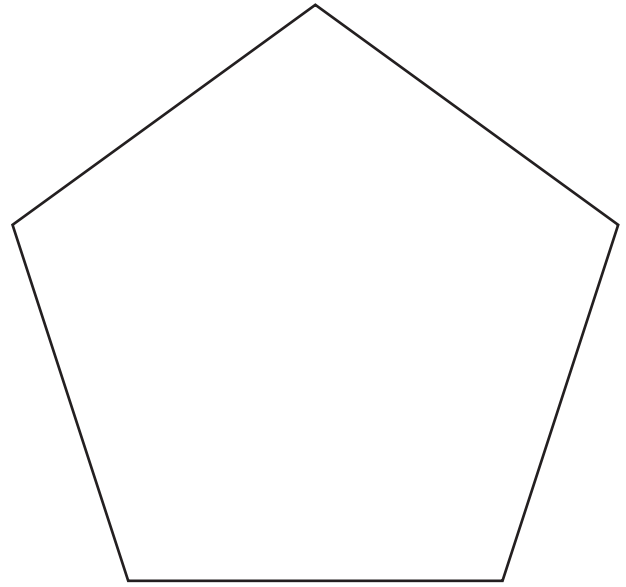
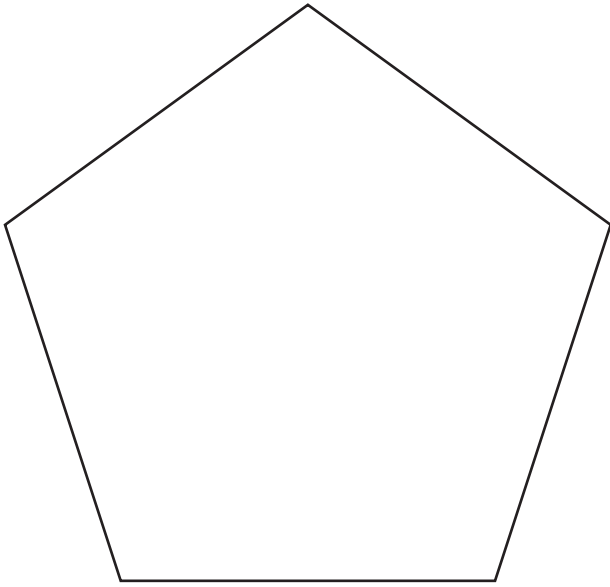
Be inspired with beautiful sewing patterns for projects made with embroidery, patchwork, English paper piecing, appliqué and felt sewing. Whether you are a beginner or experienced maker, Molly and Mama patterns teach you how to explore new possibilities with a needle and thread.

[SHOP NOW](#)

Pentagon Bowl Template

2 INCH SIDED PENTAGONS

- Print 3 pages onto light card stock.
- Print at 100% without any scaling or cropping.
- Check the 1 inch test square for print size accuracy.



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1 inch
test
square

